The Princess Royal Hospital is situated on the B2272 (Lewes Road) off of the A272, South East of Haywards Heath town centre. Pay and display parking is available on neighbouring roads.

The nearest bus stop is Princess Royal Hospital on Franklynn Road. Metrobus route 270 provides an hourly link to Royal Sussex County Hospital from East Grinstead, Haywards Heath, Princess Royal Hospital and Burgess Hill.

For travelling between hospital sites, there is the 40X bus service that runs between the Princess Royal Hospital and Royal Sussex County Hospital sites on an hourly basis. This service is free to patients carrying their appointment letter.

For more information about this service call the Sussex Bus on 01444 246693 or visit www.thesussexbus.com. The nearest train station is Haywards Heath and the hospital is 30 – 40 minutes’ walk, some of which is moderately uphill.