

**Your doctor has referred you to dermatology about a skin lesion and to try and streamline your pathway we would like you to send us a photograph of your condition.**

**Please use the following guidelines. If you can, please ask a family member or friend to take the photograph.**

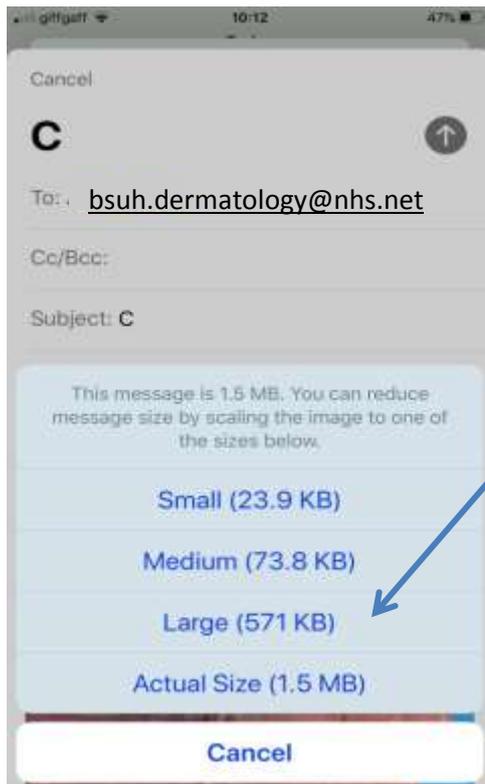
- 1: Choose a bright room or space for the photograph.
- 2: Try to position yourself against a plain background if possible. A light coloured or white wall, or curtain for example.
- 3: If you are using a mobile phone or tablet to take the photograph, ask the person taking the photograph to use the automatic camera mode without flash, if this is available.
- 4: Ask the person taking the photograph, to first take a photograph from around a meter away of the area your doctor has asked to see.
- 5: Next, ask the person taking the photograph to take a close up photograph of the area that your doctor needs to see. It is very important to hold the camera as steady as possible. Try to make sure that the photo is clear and in focus, a blurry image will not be useable. Please also make sure the whole area the Doctor needs to see is in the image. Below are two examples of what is required;



**Please send the two photographs to: [bsuh.dermatology@nhs.net](mailto:bsuh.dermatology@nhs.net)**

*(It is very important to check that you have typed the correct email address)*

**Attach the two photographs to the email. If your phone gives you the option to choose a size of file, please do not use Full Size but chose either Large or Medium**



**and please include the following information:**

-Your full name

-Date of birth

-Your NHS number (This can be found on NHS letters or by asking your GP)

-A telephone number to contact you on

Your doctor will contact you once they have received the photographs.

Many thanks,

The Dermatology Team

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